Dr. Gregg Blanton Licensed Professional Counselor (#2983) Licensed Marriage & Family Therapist (#697)

Professional Disclosure Regarding Telehealth Services

- 1. What is Teleheath (or Teletherapy)? Telehealth allows us to meet through audio and video over the internet.
- 2. How does it work? You will automatically receive an email and text reminder for our Telehealth appointment 10 minutes prior to our start time. The text reminder will direct you to check your email, while the email reminder will include the link to join the video call. When you click the **Join Video** Call link, you will need to **enter your name** and then click **Join Video Call**.
- 3. How much does it cost? Your fees/cost for a video session are the same as you pay for an in-person session.
- 4. What if a technology failure occurs during our session? I will take the lead in trying to re-establish a connection. After waiting five minutes from the time of disconnection, we will presume that a connection cannot be re-established, so we will end the session. (And I will not charge you for the session.)
- 5. Privacy and security: The platform that I use, called Simple Practice, complies with HIPAA privacy and security requirements. I will make sure that our session is private and secure on my end. However, I cannot ensure confidentiality and security on your end. Therefore, it is your responsibility to make sure that your physical location is private. In other words, make sure that you are in a private location, where other people are not walking in or able to listen to our session.
- 6. The use of text/email: In order to do Telehealth, I will need to correspond with you via text and email in order to schedule our telehealth session and send you a link to our video session. However, please be aware that texting/email is not HIPAA compliant. In other words, I cannot guarantee that the text and email are private and secure.
- 7. Appropriateness of online services: Before engaging in online therapy, we will assess if online services are appropriate for your needs. Even if online services appear appropriate in the beginning, I will continue to assess to determine if online services continue to be beneficial. For example, if you are not making progress with online services, we will need to reassess the use of telehealth services.
- 8. Client location: Since I am licensed in North Carolina, you must be physically located in North Carolina at the time of each session.

If you have any questions, please ask them before signing this form. By signing below, you acknowledge that you understand the information above and agree to enter into telehealth services with Dr. Gregg Blanton. (You are also agreeing to the use of email and text communication electronically.)

Client signature	Date
Counselor signature	Date